

GET OUT OF THE Weeds

Week Three | Lust | 05.29-30.2021

Grow Deep Conversation Questions: Use these questions to help you process the message in your personal time of study or with your group. Time suggestions are based on a 90-minute group gathering.

Message Recap: Objectifying others is nothing new but the age we live in makes objectification feel 'harmless' or like we are committing a 'victimless crime.' But we are shown that this poisonous justification and pattern perpetuates a culture of human trafficking and distorts our view of people created in the image of God for our own temporary pleasure. How can we slow down and shift our standard of beauty and understanding of physical intimacy so that we can experience the better life that Jesus died to provide in every area, including sexuality?

» Opening (2-3 minutes)

- Introductions - this is especially important if this is your first meeting and if there are new members
- Housekeeping - clarify expectations
 - Remind your group that this is a confidential meeting
 - **Remember there may be many thoughts and views. Please remain kind and respectful during conversations.**
- Pray - open your time together in prayer

» Introduction (12 minutes)

- Ice-Breaker: Who was your first celebrity crush?
- Digging Deeper: Who was the first person to break your heart? What made that experience hurt so much?

» Observation | Read 2 Timothy 2:22; 1 Corinthians 6:18, 10:13; Matthew 5:27-30; 1 Peter 5:8 Romans 12:1-2; Colossians 3:5; 1 Thessalonians 4:3-5 (12 minutes)

- What are your initial reactions to these passages? What do you find challenging? Are you encouraged by any of these verses? Why?

» Key Principle | We're being reshaped by where we've escaped. (12 minutes)

- Lust is a challenging topic for all of us but we want to talk about it in a way that doesn't pour on shame or guilt. Discuss with your group how you can ensure this is a safe place for a difficult and necessary conversation.

» Running Restrains | Reread 2 Timothy 2:22; 1 Corinthians 6:18, 10:13 (12 minutes)

- What are the patterns of escape in your life when you feel isolated and weak?

» Boundaries Resist | Reread Matthew 5:27-30; 1 Peter 5:8 (12 minutes)

- What are some triggering events or feelings that cause you to feel tempted to compromise? What happens when you have healthy boundaries in place?

» Truth Reforms | Reread Romans 12:1-2; Colossians 3:5; 1 Thessalonians 4:3-5 (12 minutes)

- Which of these verses is most helpful to you when thinking about sexual lust? How do you apply these truths to your life?

» Next Steps and Prayer | (15 minutes)

- Read 1 Corinthians 13:4-7. What are the differences between the love Paul describes and lust?
- Close by praying for each other to stop this week and ask God to show you the places where lust has grown weeds in your life.