



## Week One | Look In | 07.31-08.01.2021

**Grow Deep Conversation Questions:** Use these questions to help you process the message in your personal time of study or with your group. Time suggestions are based on a 90-minute group gathering.

**Message Recap:** Over the last year, we were asked to wear a face mask as a regular rhythm for life, but the truth is, all of us have been wearing masks for years. We live poised and primed for whatever situation we find ourselves in, however, we've grown to discover that we were never actually present. Jesus invites us into a life where we can live real lives as real people in a real world.

### » Opening (2-3 minutes)

- Introductions - This is especially important if this is your first meeting and if there are new members.
- Housekeeping - Clarify expectations.
  - Remind your group that this is a confidential meeting
  - **Remember, there may be many thoughts and views. Please remain kind and respectful during conversations.**
- Pray - Open your time together in prayer.

### » Introduction (12 minutes)

- Ice-Breaker: What was the best part about wearing masks over this past year?
- Digging Deeper: Where have you let walls/masks protect you from your own insecurities this year?

### » Observation | Read Proverbs 4:23; 1:7; 3:5-6; 21:2; 28:13; 20:5 (12 minutes)

- What are your initial reactions to these passages? What do you find challenging? Are you encouraged by any of these verses? Why?

### » Key Principle | If you fake it, you'll never make it. (12 minutes)

- Solomon had tremendous wisdom and he shared it so that we would walk with less pain and pressure; what Proverb stood out to you today and why?

### » Pursue Humility | Reread Proverbs 1:7; 3:5-6 (12 minutes)

- Where have you started to lean on yourself instead of God?
- In what ways do we avoid humility in our lives? What are some of the dangers you have seen when pride takes precedence?

### » Give Permission | Reread Proverbs 21:2; 28:13 (12 minutes)

- Who have you given permission to speak directly to you and you've given access to what's really going on in your life?
- What is something people have repeatedly told you about yourself? How have you processed that feedback?

### » Invest in Reflection | Reread Proverbs 20:5 (12 minutes)

- What are the rhythms of reflection God is challenging you to take to step out of self-deception and mask-wearing?

### » Next Steps and Prayer | (15 minutes)

- Read Psalm 139:1-6. What are you most passionate about right now? Are there hurts you need to address even as God uses the pain? Take some time this week to talk to God about those hurts.
- Close by praying for each other to allow God and others access to to what's really going on by removing the masks.