

## Week Two | Relational Vulnerability | 08.07-08.2021

**Grow Deep Conversation Questions:** Use these questions to help you process the message in your personal time of study or with your group. Time suggestions are based on a 90-minute group gathering.

**Message Recap:** As we grow up, we are placed in environments where community and camaraderie are natural even if it's not easy. As we get older, the environments we find ourselves in take away the natural avenue for connection and the wounds we've taken on put us on edge when it comes to letting people have access to us. Relationships change drastically and our efforts have to become intentional but many of us choose to guard our heart to our own detriment. Keeping people at arms length hurts who we are and who we can be so it's time to choose our people wisely and invest even when it's risky.

| // Opening   | (2-3 minutes)                |
|--|------------------------------|
| <ul> <li>Introductions - This is especially important if this is your first meeting and if there are new members.</li> <li>Housekeeping - Clarify expectations.</li> </ul>   |                              |
| <ul> <li>Remind your group that this is a confidential meeting</li> </ul>  |                              |
| <ul> <li>Remember, there may be many thoughts and views. Please remain kind and resp</li> </ul>  | ectful during conversations. |
| Pray - Open your time together in prayer.  |                              |
| »Introduction  | (12 minutes)                 |
| Ice-Breaker: Who was your first friend?  |                              |
| Digging Deeper: What's a hard lesson you have learned in friendships/relationships?  |                              |
| <b>Observation</b>   Read Proverbs 13:20; 27:17; 15:22, 31-32; 18:1-2; 27:5-6  | (12 minutes)                 |
| • What are your initial reactions to these passages? What do you find challenging? Are you encouraged by   | any of these verses? Why?    |
| $\gg$ Key Principle   Why settle for "Likes" when you can experience LOVE?   | (12 minutes)                 |
| <ul> <li>How have you seen Social Media have positive and negative effects on your relationships?</li> <li>Solomon had tremendous wisdom and he shared it so that we would walk with less pain and pressure. Y today and why?</li> </ul> |                              |
| Choose Wisely   Reread Proverbs 13:20; 27:17   | (12 minutes)                 |
| • How have the people around you impacted who you are today, good and bad? How do you think you ha   |                              |
| Listen Earnestly   Reread Proverbs 15:22, 31-32; 18:1-2  | (12 minutes)                 |
| • What do you need to do to become the kind of friend who encourages wisdom and growth?  |                              |
| <b>Invite Honesty</b>   Reread Proverbs 27:5-6   | (12 minutes)                 |
| • What step do you need to take to invite a person into your world? Who might that person be?  | (,                           |
| ≫Next Steps and Prayer   | (15 minutes)                 |
| <ul> <li>Read John 15:12-15. What stands out to you in these verses? What is the most challenging part for you w</li> </ul>  |                              |
|  |                              |

• Close by praying for each other to reevaluate the relationships in their lives and make some wise decisions in who to let in.

