



## Week One | No You're Not and That's Okay | 01.08-09.2022

**Grow Deep Conversation Questions:** Use these questions to help you process the message in your personal time of study or with your group. Time suggestions are based on a 90-minute group gathering.

**Series Recap:** What if you declined a life of fine? In a world so concerned about facade and success, we hide behind lies that society has deemed acceptable but actually cover feelings of inadequacy and fear. It's time to say what we mean and begin to recognize that the life that Jesus offers is truly so much better.

### »» Opening

(3 minutes)

- Introductions - This is especially important if this is your first meeting and if there are new members.
- Housekeeping - Clarify expectations:
  - Remind your group that this is a confidential meeting.
  - **Remember, there may be many thoughts and views. Please remain kind and respectful during conversations.**
- Pray - Open your time together in prayer.

### »» Introduction

(12 minutes)

- Ice-Breaker: Are you good at being sick?
- Digging Deeper: What happens when we pretend we're not sick and try to power through our regular routines?

### »» Observation | Read Luke 5:27-32; Matthew 18:10-14; 22:34-40

(12 minutes)

- What are your initial reactions to these passages? What do you find challenging? Are you encouraged by any of these verses? Why?

### »» Key Principle | **It's ok if you're not ok but God doesn't want you to stay that way.** (12 minutes)

- What areas of your life have you "faked fine" in the past?

### »» Pre-Existing Conditions | Reread Luke 5:27-32

(12 minutes)

- What do you notice about who Jesus was spending time with around the table? What does this reveal about Jesus' character?
- Jesus regularly spent time with the people that others went out of their way to avoid. Who do you know that model this well and why?

### »» Detour Worthy | Reread Matthew 18:10-14

(12 minutes)

- In Matthew 18, Jesus highlights His willingness to go out of His way to get people who have strayed away from Him. How can you allow God to do that for you this year?

### »» Category Cleanse | Reread Matthew 22:34-40

(12 minutes)

- Why do you think Jesus emphasized loving God with all your heart, all your soul, and all your mind? How are we to love others?
- What are some of the things in your life that prevent you from loving God in that way?

### »» Next Steps and Prayer |

(15 minutes)

- The areas that we are tempted to "fake fine" include **our home** (the space and routines that can bring peace or rob it), **our health** (the sustainable and unsustainable patterns), **our hope** (allowing people and perspectives to shine light into the darkness you are going through), and **our help** (trusted and safe friends, counseling and medical care). Pray and commit that you will decline a life of fine.