



Week Three | I Can Do All Things Through Christ... | 08.06-07.2022

Grow Deep Conversation Questions: Use these questions to help you process the message in your personal time of study or with your group. Time suggestions are based on a 90-minute group gathering.

Series Recap: It seems like we have watched a cotton candy version of our faith become mainstream in our culture. The good news of Jesus is so much better than a sweet and temporary fix for your life. Together, let's discover the rich goodness of Jesus.

» Opening

(3 minutes)

- Introductions - This is especially important if this is your first meeting and if there are new members.
- Housekeeping - Clarify expectations:
 - Remind your group that this is a confidential meeting.
 - **Remember, there may be many thoughts and views. Please remain kind and respectful during conversations.**
- Pray - Open your time together in prayer.

» Introduction

(12 minutes)

- Ice-Breaker: What is something you are willing to settle for "not bad?"
- Digging Deeper: Settling for "not bad" is an easy compromise in the life of a Christian, but what are the action steps you are taking to pursue Jesus right now?

» Observation | Read Philippians 4:10-13; 1 Corinthians 14:20

(12 minutes)

- What are your initial reactions to these passages? What do you find challenging? Are you encouraged by any of these verses? Why?

» Key Principle | As we mature more, we endure more.

(12 minutes)

- What is something you had no patience for as a child but can now endure?
- Is there an area of faith that you avoid maturing in? Why?

» Choose to Change | Reread 1 Corinthians 14:20; Colossians 1:21-23; Galatians 3:23-4:7

(12 minutes)

- How does lack of spiritual maturity correlate with slavery to sin?
- In what way can our past be used to serve others as we mature spiritually?

» Choose to Learn | Reread Philippians 4:10,11; Matthew 11:25-27; Hebrews 5:11-14; 1 Peter 2:2-6,10-12

(12 minutes)

- How does contentment in God's plan protect from the passions of the flesh and build discernment?
- Why is it easy to disqualify spiritual knowledge in an evil world? How can we avoid becoming dull of hearing?

» Choose the Secret | Reread Philippians 4:12,13; Isaiah 40:28-31; Matthew 11:28-30; 1 Timothy 3:14-16

(12 minutes)

- Does it seem counterintuitive that strength, power, and rest can simultaneously exist in a life of faith? Why?
- What does it mean to have an everlasting God who has unsearchable understanding?

» Next Steps and Prayer |

(15 minutes)

- What does practically trusting Jesus for your contentment look like this week?
- Close by praying for one another to look for ways to practice thankfulness and contentment in their lives.