



Week Two | Peace - Christmas Vacation | 12.07-08.2019

Grow Deep Conversation Questions: Use these questions to help you process the message in your personal time of study or with your group. Time suggestions are based on a 90 minute group gathering.

Message Recap: The Griswold family Christmas is anything but peaceful. Peace seems to be hard to find during the busy holiday season. But peace is exactly what we need in order to truly understand and savor the reasons we celebrate Christmas.

» Opening (2-3 minutes)

- Introductions - this is especially important if this is your first meeting and if there are new members
- Housekeeping - clarify expectations
 - **Announcements:** These are in your Community News email. **Please read and communicate! Encourage participation!**
 - Remind your group that this is a confidential meeting
 - **Remember there may be many thoughts and views. Please remain kind and respectful during conversations.**
- Pray - open your time together in prayer

» Introduction (12 minutes)

- Ice-Breaker: What are your favorite Christmas traditions?
- Digging Deeper: Would you say you have a peaceful life? What are some of your most peaceful moments?

» Observation | Read Psalm 62 (12 minutes)

- What are your initial reactions to this passage? What do you find challenging? Are you encouraged by any of these verses? Why?

» Key Principle | Peace Takes Practice (12 minutes)

- What is the holiday season usually like for you or your family? What would it look like for this season to be peaceful?
- How do you respond when life feels chaotic and messy? What are some ways you have tried to practice peace? What makes it difficult?

» Peace in Quiet | Reread Psalm 62:1-7 (12 minutes)

- Where are some places in your life you could practice silence? How do you think that practice would change your life?
- What are the things that distract you from quiet times? What actions can you take in order to avoid these distractions?

» Peace in Humility | Reread Psalm 62:8 (12 minutes)

- What prevents people from being honest with God? What can we learn from Psalm 62?
- Have you ever tried opening up honestly to God? How did that feel? What would change if you made time regularly to be honest with God?

» Peace in God | Reread Psalm 62:9-12 (12 minutes)

- In who or what do we try to find peace? What happens when we do not find peace in these places?
- Describe a time when have you experienced peace in God? How did you know it was God's peace?

» Closing and Prayer | (15minutes)

- What is one new Christmas Tradition you could start that might bring more peace into the holiday season?
- Close by praying for one another to find peace in Jesus this Christmas season.